12° OF FREEDOM
Synergetics and the 12 Steps to Recovery
A MANUSCRIPT IN TWO VOLUMES


- By
CHERYL LIRETTE CLARK

VOLUME I - THEORETICAL MODEL
12° OF FREEDOM
SYNERGETICS AND THE 12 STEPS TO RECOVERY

VOLUME I - THEORETICAL MODEL

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CHERYL LIRETTE CLARK

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12° OF FREEDOM
SYNERGETICS AND THE 12 STEPS TO RECOVERY

A MANUSCRIPT SUBMITTED TO
THE FACULTY OF THE SCHOOL OF HEALTH AND HUMAN SERVICES
OF COLUMBIA COMMONWEALTH UNIVERSITY
IN CANDIDACY FOR THE DEGREE OF
DOCTOR OF PHILOSOPHY

BY
CHERYL LI RETTE CLARK

DECLARATION OF AUTHENTICITY
I declare that all material presented to Columbia Commonwealth University is my own work, or fully and specifically acknowledged wherever adapted from other sources. I understand that if, at any time it is shown that I have significantly misrepresented material presented to the University, any degree or credits awarded to me on the basis of that material may be revoked.

Cheryl L. Clark

Date

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Member, Academic Council

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DEDICATION

It is with deepest gratitude and much love that I dedicate this work to my mother, Eileen Sloan Lirette Coghill. A young war widow, just shy of 18 when I was born, she sacrificed much to ensure that I would have the means to a good education. Very often she did without things for herself so that she could save the small monthly allowance she was allotted from the government as a “War Orphan’s” benefit for me,—even though her widow’s benefit was cancelled because she made more than $50 per month from her clerical jobs. She did this to ensure there would be money set aside to pay for my college education, a dream she held for me from before I was born. Her love for all her children knows no bounds and I am proud to be her first, the one she “practiced” on.

She also proofed every word of this document, checking my still creative spelling and typing, about which she once asked when I was in undergraduate school and she carefully re-typed my papers, corrected my grammar and made sense of my writing, “How can you be in college when you can’t spell or type?”

My reply, “You can.”

Thanks, Mom, for so much, always.
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Cheryl Lirette Clark
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Words Are Tools

Language Is Key

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